

Fraser Valley Trail Run Series 2009
Houston Trail Footrace 5 & 10k
Langley, March 8, 2009

10K RESULTS

P1	First Name	Last Name	Category	City	TIME
1	Ryan	Hayden	M20-39	Langley	35.36
2	Tyler	Ginther	M40-49	Surrey	38.30
3	Darren	Mealing	M20-39	Surrey	39.30
4	Robert	Durrant	M40-49	Langley	40.32
5	Eddie	Catarine	M40-49	Langley	40.59
6	Stephen	Redding	M40-49	Surrey	41.28
7	Andy	Colton	M40-49	Langley	42.02
8	Randy	Laurie	M40-49	Mission	42.23
9	Graham	Laurie	M19 & Under	Mission	42.30
10	Rob	Fransen	M50-59	Aldergrove	42.34
11	Michael	Butler	M19 & Under	Surrey	43.14
12	Scott	Stewart	M50-59	Langley	43.20
13	Darren	Walton	M20-39	Surrey	44.22
14	Sam	Walkow	F19 & Under	Surrey	44.46
15	Ted	de St. Croix	M50-59	Surrey	44.53
16	Geoff	Hughes-Games	M50-59	Abbotsford	46.04
17	Eric	Laurie	M20-39	Mission	47.05
18	Andrew	Brink	M40-49	Surrey	47.18
19	Tom	Barichello	M50-59	Langley	48.33
20	Michael	O'Grady	M50-59	White Rock	49.02
21	Norm	Angell	M50-59	Aldergrove	50.43
22	Tom	Webster	M50-59	Surrey	51.44
23	Ed	Desrochers	M50-59	Surrey	52.03
24	Jim	Eso	M40-49	Surrey	52.21
25	Donna	Denny	F40-49	Surrey	53.19
26	Penny	Rundle	F20-39	Surrey	54.55
27	Dayna	Egyed	F20-39	Surrey	55.10
28	Scott	MacDonald	M20-39	Abbotsford	55.28
29	Aurora	Scott	F20-39	Surrey	55.43
30	Shalagh	Speilman	F20-39	Langley	55.47
31	Michelle	Stockwell	F20-39	Langley	55.50
32	Angela	Gauthier	F20-39	Langley	55.59
33	William A	George	M70+	Abbotsford	56.42
34	Steve	Robertson	M20-39	Langley	56.44
35	Dalene	Paine	F50-59	Victoria	56.59
36	Allan	Bailey	M50-59	Surrey	57.00
37	Rob	Mays	M50-59	Langley	57.51
38	Mile	Jovanovic	M50-59	Surrey	58.34
39	Lisa	Siddons	F40-49	Abbotsford	60.06
40	Mackay	Potter	F20-39	Langley	60.16
41	Catherine	Carriere	F20-39	Surrey	60.20
42	Carolyn	MacLaren	F40-49	Langley	60.44
43	Doug	MacLaren	M40-49	Langley	60.45
44	Stephanie	Lam	F20-39	Surrey	61.17
45	Rick	Williams	M50-59	Langley	61.25
46	Larry	Walsh	M20-39	Surrey	62.28
47	Mike	Doyle	M40-49	Aldergrove	63.13
48	Lori	McKinnon	F20-39	Surrey	63.13
49	Walt	Dickson	M60-69	Abbotsford	64.05
50	Ross	Davidson	M50-59	Surrey	66.04
51	Emma	Pedersen	F40-49	Surrey	66.11
52	Jacqueline	Clarke	F20-39	Surrey	66.45
53	Lana	Wick	F40-49	Surrey	66.45
54	Rob	Daniel	M60-69	Burnaby	67.03
55	Morgan	Galpin	M20-39	White Rock	67.15
56	Tracy	Yee	F20-39	Surrey	67.16
57	Bernice	Yeadon	F50-59	Langley	67.46

58	Frances	Steinfeld	F70+	Aldergrove	67.49
59	Danielle	Lespinay	F19 & Under	Langley	68.54
60	Terri	Hough	F40-49	Surrey	69.29
61	Carol	Crossen	F40-49	White Rock	69.38
62	Sandra	Nissen	F40-49	Richmond	69.41
63	Ansley	Evans	M50-59	Mission	69.41
64	Kim	Hosler	F40-49	Langley	70.23
65	Heather	Yeadon	F20-39	Langley	71.51
66	Betty	Anderson	F40-49	White Rock	72.34
67	Stacy	Zaboysky	F20-39	Surrey	72.34
68	Laura	Zanen	F50-59	White Rock	72.34
69	Barbera	Stewart	F50-59	Langley	73.20
70	Bill	Hecimovic	M60-69	Langley	84.26
71	Sid	Reeve	M60-69	Langley	84.26
72	Gloria	Hecimovic	F60-69	Langley	92.30
73	Sandy	Reeve	F60-69	Langley	92.30

5K RESULTS

Pl	First Name	Last Name	Category	City	TIME
1	Ryan	Keigher	M20-39	Surrey	19.15
2	Ben	Kotanen	M20-39	Surrey	19.33
3	Jack	Williams	M19 & Under	White Rock	19.48
4	Braeden	Donnelly	M19 & Under	Langley	20.09
5	Matthew	Ness	M19 & Under	Campbell River	21.02
6	Murray	Fisher	M40-49	Surrey	22.17
7	Amanda	Hall	F20-39	Langley	22.26
8	Kate	McKinnon	F19 & Under	Langley	23.00
9	Meg	McKinnon	F19 & Under	Langley	24.45
10	Dave	Palmer	M60-69	Langley	25.39
11	Nicole	Paulin	F20-39	Surrey	25.44
12	Karen	Bentley	F40-49	Fort Langley	26.01
13	Brenda	Philip	F40-49	Burnaby	27.18
14	Susan	Northey	F40-49	Sardis	27.30
15	Tamara	Robertson	F20-39	Langley	27.42
16	Angie	Robson	F40-49	Fort Langley	27.47
17	David	Nicmans	M19 & Under	Langley	28.34
18	Aldo	Nicmans	M50-59	Langley	28.35
19	Robyn	Alexander	F20-39	Surrey	30.34
20	Darren	Ginther	M40-49	Langley	30.35
21	Ellen	Hall	F50-59	Langley	30.53
22	Alice	Glanville	F40-49	Langley	31.04
23	Mark	Van Ek	M40-49	Langley	31.46
24	Robin	McDermott	F40-49	Langley	32.00
25	Diane	Dent	F50-59	Surrey	32.10
26	Gary	Reedel	M50-59	Surrey	33.30
27	Jackie	Mays	F40-49	Langley	34.12
28	Ron	Hamilton	M40-49	Surrey	34.19
29	Correna	Poustie	F20-39	Surrey	35.11
30	Anthony	Cornacchia	M20-39	Surrey	35.11
31	Brian	Wyndham	M60-69	Surrey	35.53
32	Les	Giles	M50-59	Maple Ridge	35.55
33	Kari	Collin	F20-39	Aldergrove	36.32
34	Cameron	Nelson	M19 & Under	Langley	36.34
35	Marcia	Harvey	F20-39	Langley	36.35
36	Kelly	Steele	F20-39	Langley	37.50
37	Shannon	Stenbeck	F20-39	Maple Ridge	37.50
38	Karen	Hamilton	F40-49	Surrey	50.16
39	Annette	Lefebure	F50-59	Port Coquitlam	58.51
40	Branden	Figuerie	M19 & Under	Surrey	*40.37

*Ran an additional 3.4K