

Race 5 K Overall Results

1, (760), 00:20:26.4, Hall, Riley, M, 16, M19 & Under, Abbotsford
2, (759), 00:23:58.9, Eichorst, Ethan, M, 16, M19 & Under, Surrey
3, (769), 00:24:49.7, Meier, Peter, M, 16, M19 & Under, Langley
4, (756), 00:25:03.5, DHATT, ARJUN, M, 13, M19 & Under, SURREY
5, (771), 00:26:20.6, Normandin, Mylene, F, 38, F30-39, Abbotsford
6, (788), 00:28:41.0, Turnbull, Vanessa, F, 46, F40-49, Aldergrove
7, (767), 00:28:45.2, Lidberg, Anna, F, 52, F50-59, White Rock
8, (783), 00:28:46.1, Scott, Chris, M, 45, F40-49, Surrey
9, (754), 00:29:19.4, De Giusti, Nicole, F, 42, F40-49, Langley
10, (764), 00:29:51.3, Lay, Alexandra, F, 35, F30-39, Langley
11, (750), 00:29:58.1, Maginn, Connor, M, 16, M19 & Under, Langley
12, (765), 00:30:05.7, Lay, Christopher, M, 35, M30-39, Langley
13, (963), 00:30:33.2, Hornsby, Reg, M, 55, M50-59, Langley
14, (744), 00:30:49.8, Kavanagh, Doug, M, 49, M40-49, Surrey
15, (735), 00:30:54.9, Wang, Daniel, M, 13, M19 & Under, Surrey
16, (734), 00:30:57.4, Taylor, Alex, M, 69, M60-69, Surrey
17, (112), 00:32:02.2, Burke, Lori, F, 46, F40-49, Abbotsford
18, (973), 00:32:23.8, Maginn, Maurice, M, 45, M40-49, Langley
19, (749), 00:32:38.8, Farafosgyn, Bartek, M, 34, M40-49, Langley
20, (748), 00:32:40.0, Anderson, Katie, F, 32, F30-39, Langley
21, (777), 00:32:51.5, Philip, Brenda, F, 55, F50-59, Langley
22, (755), 00:33:56.9, DHATT, AJIT, M, 10, M19 & Under, SURREY
23, (108), 00:34:13.0, Bergen, Tiffany, F, 44, F40-49, Surrey
24, (997), 00:34:16.1, Steil, Janet, F, 52, F50-59, Surrey
25, (763), 00:34:33.4, Lai, Sara, F, 45, F40-49, Vancouver
26, (787), 00:35:46.8, Thomas, Brooke, F, 36, F30-39, Surrey
27, (990), 00:35:59.3, Schasny, Neil, M, 42, M40-49, Langley
28, (569), 00:36:06.0, Robberstad, Adrian, M, 43, M40-49, Chilliwack
29, (502), 00:36:09.0, Akitt, Jen, F, 44, F40-49, Chilliwack
30, (731), 00:37:57.2, Parkinson, Brian, M, 75, M70-79, Langley
31, (776), 00:38:10.8, Petit, Sharon, F, 58, F50-59, Langley
32, (773), 00:38:19.9, Pandher, Arpan, F, 16, F19 & Under, Surrey
33, (587), 00:38:41.4, Yang, Robyn, F, 41, F40-49, Burnaby
34, (766), 00:38:51.4, Lee, Nadia, F, 39, F30-39, Abbotsford
35, (781), 00:39:14.8, Sayer, Sandra, F, 49, F40-49, Langley
36, (538), 00:39:43.4, Greenslade, Nicole, F, 42, F40-49, Langley
37, (537), 00:39:46.9, Greenslade, Cecil, M, 45, M40-49, Langley
38, (775), 00:43:14.8, Peterson, Laura, F, 36, F30-39, Langley
39, (733), 00:44:45.3, O'Connor, Bev, F, 70, F70-79, Langley
40, (950), 00:46:30.8, Wells, Angela, F, 46, F40-49, Abbotsford
41, (998), 00:46:31.7, Strange, Leah, F, 49, F40-49, Abbotsford
42, (753), 00:46:41.1, Coutts, Leslie, F, 54, F50-59, Langley
43, (784), 00:48:48.9, SIERMACZESKI, MEL, F, 38, F30-39, New
Westminster

Race 10 K Overall Results

1, (740), 00:37:53.1, Jackson, David, M, 41, M40-49, Abbotsford
2, (938), 00:40:33.9, Walton, Darren, M, 47, M40-49, North Vancouver
3, (978), 00:44:25.2, Oldknow, Kevin, M, 45, M40-49, North Vancouver
4, (999), 00:45:49.5, Tiwana, Daljit, M, 47, M40-49, Surrey
5, (959), 00:47:33.5, Gabrick, Matthew, M, 25, M20-29, Surrey
6, (958), 00:48:04.6, Gabrick, Joey, M, 27, M20-29, Surrey
7, (977), 00:48:11.7, Oldknow, Angela, F, 40, F40-49, North Vancouver

8, (989), 00:48:33.2, Rung, Kathy, F, 42, F40-49, Abbotsford
 9, (985), 00:48:41.1, Richardson, Matthew, M, 32, M30-39, Surrey
 10, (953), 00:48:59.9, Deane, Ronan, M, 42, M40-49, North Vancouver
 11, (736), 00:49:18.8, Fluckiger, Jason, M, 41, M40-49, White Rock
 12, (964), 00:49:36.0, Hughes-Games, Geoff, M, 59, M50-59, Abbotsford
 13, (962), 00:49:59.6, Helms, Tristan, M, 33, M30-39, Langley
 14, (993), 00:51:21.2, Sidhu, Harminder, M, 44, M40-49, Langley
 15, (743), 00:51:52.0, Rootham, Adam, M, 38, M30-39, Surrey
 16, (961), 00:51:58.0, Gilbert, Krista, F, 50, F50-59, Surrey
 17, (976), 00:52:57.2, Novotny, Jim, M, 53, M50-59, Langley
 18, (980), 00:53:15.8, Patton, George, M, 36, M30-39, Mission
 19, (942), 00:53:28.1, Antoniazzi, Roger, M, 57, M50-59, Surrey
 20, (939), 00:53:53.7, Yee, Casey, M, 39, M30-39, Surrey
 21, (970), 00:54:14.6, Prevost, Leah, F, 26, F20-29, Langley
 22, (944), 00:54:20.4, Brunke, Werner, M, 61, M60-69, Surrey
 23, (761), 00:54:42.2, Hart, Mary, F, 49, F40-49, Surrey
 24, (960), 00:54:49.9, Garzittu, Manuel, M, 56, M50-59, Surrey
 25, (979), 00:55:01.6, Pandher, Harpreet, M, 42, M40-49, Surrey
 26, (782), 00:55:06.6, Scott, Aurora, F, 47, F40-49, Surrey
 27, (975), 00:56:09.0, Nelson, Jayne, F, 53, F50-59, Surrey
 28, (995), 00:57:36.4, Sparks, Don, M, 55, M50-59, Surrey
 29, (745), 00:57:41.9, Kavanagh, Scott, M, 45, M40-49, Surrey
 30, (949), 00:58:29.0, Savage, Carol, F, 50, F50-59, Surrey
 31, (1000), 00:58:49.2, Wall, Pippa, F, 65, F60-69, Vancouver
 32, (988), 00:58:53.8, Rooke, Jocelynn, F, 42, F40-49, Surrey
 33, (738), 00:59:41.4, Flatt, Ryan, M, 39, M30-39, Surrey
 34, (747), 01:00:16.5, Kavanagh, Keygan, M, 21, M20-29, Surrey
 35, (746), 01:00:17.0, Gurmiak, Cliff, M, 34, M30-39, Surrey
 36, (943), 01:01:12.6, Baturin, Shawn, M, 39, M30-39, Surrey
 37, (967), 01:01:40.7, Savage, Kevin, M, 54, M50-59, Surrey
 38, (957), 01:01:55.3, Fairbairn, Andrew, M, 44, M40-49, Surrey
 39, (971), 01:02:05.3, LeBlanc, Jake, M, 42, M40-49, Abbotsford
 40, (987), 01:02:19.9, Robertson, Gord, M, 65, M60-69, Surrey
 41, (952), 01:02:34.6, Coulter, Jessica, F, 31, F30-39, Surrey
 42, (742), 01:02:35.8, Cool, Graham, M, 39, M30-39, Surrey
 43, (947), 01:03:26.8, Canter, Karl, M, 60, M60-69, Surrey
 44, (956), 01:03:56.9, Estacio, Vina, F, 42, F40-49, Surrey
 45, (986), 01:05:45.7, Rideout, Glenn, M, 52, M50-59, Surrey
 46, (996), 01:05:46.7, Spier, Soraya, F, 55, F50-59, Surrey
 47, (762), 01:06:38.1, Helms, Paul, M, 61, M60-69, Langley
 48, (984), 01:07:41.7, Pullman, Nathalie, F, 25, F20-29, Surrey
 49, (948), 01:08:05.7, Canter, Michelle, F, 59, F50-59, Surrey
 50, (992), 01:09:26.6, Setter, Lorraine, F, 56, F50-59, Surrey
 51, (739), 01:12:34.5, Flatt, Suzanne, F, 34, F30-39, Surrey
 52, (966), 01:12:41.3, Kenney, Carolyn, F, 48, F40-49, Langley
 53, (983), 01:13:04.8, Prokopich, Brenda, F, 51, F50-59, Surrey
 54, (969), 01:13:09.0, Laird, Melanie, F, 48, F40-49, Langley
 55, (951), 01:15:56.0, Conway, Kim, F, 36, F30-39, Abbotsford
 56, (732), 01:16:00.6, Russenholt, Adam, M, 42, M40-49, Abbotsford

Race 2 K Overall Results

1, (791), 00:09:48.7, MacPherson, Nicholas, M, 9, M19 & Under, Surrey
 2, (790), 00:11:05.1, Andrews, Tristan, M, 9, M19 & Under, Abbotsford
 3, (737), 00:11:09.5, Fluckiger, Sascha, M, 7, M19 & Under, White
 Rock
 4, (741), 00:12:56.3, Bozanic, Vincent, M, 12, M19 & Under, Mission

Women's Race 5 K By Category

F19 & Under

1, (773), 00:38:19.9, Pandher, Arpan, 16, Surrey

F30-39

1, (771), 00:26:20.6, Normandin, Mylene, 38, Abbotsford
2, (764), 00:29:51.3, Lay, Alexandra, 35, Langley
3, (748), 00:32:40.0, Anderson, Katie, 32, Langley
4, (787), 00:35:46.8, Thomas, Brooke, 36, Surrey
5, (766), 00:38:51.4, Lee, Nadia, 39, Abbotsford
6, (775), 00:43:14.8, Peterson, Laura, 36, Langley
7, (784), 00:48:48.9, SIERMACZESKI, MEL, 38, New Westminster

F40-49

1, (788), 00:28:41.0, Turnbull, Vanessa, 46, Aldergrove
2, (754), 00:29:19.4, De Giusti, Nicole, 42, Langley
3, (112), 00:32:02.2, Burke, Lori, 46, Abbotsford
4, (108), 00:34:13.0, Bergen, Tiffany, 44, Surrey
5, (763), 00:34:33.4, Lai, Sara, 45, Vancouver
6, (502), 00:36:09.0, Akitt, Jen, 44, Chilliwack
7, (587), 00:38:41.4, Yang, Robyn, 41, Burnaby
8, (781), 00:39:14.8, Sayer, Sandra, 49, Langley
9, (538), 00:39:43.4, Greenslade, Nicole, 42, Langley
10, (950), 00:46:30.8, Wells, Angela, 46, Abbotsford
11, (998), 00:46:31.7, Strange, Leah, 49, Abbotsford

F50-59

1, (767), 00:28:45.2, Lidberg, Anna, 52, White Rock
2, (777), 00:32:51.5, Philip, Brenda, 55, Langley
3, (997), 00:34:16.1, Steil, Janet, 52, Surrey
4, (776), 00:38:10.8, Petit, Sharon, 58, Langley
5, (753), 00:46:41.1, Coutts, Leslie, 54, Langley

F70-79

1, (733), 00:44:45.3, O'Connor, Bev, 70, Langley

Men's Race 5 K By Category

F40-49

1, (783), 00:28:46.1, Scott, Chris, 45, Surrey

M19 & Under

1, (760), 00:20:26.4, Hall, Riley, 16, Abbotsford
2, (759), 00:23:58.9, Eichorst, Ethan, 16, Surrey
3, (756), 00:25:03.5, DHATT, ARJUN, 13, SURREY
4, (735), 00:30:54.9, Wang, Daniel, 13, Surrey

5, (755), 00:33:56.9, DHATT, AJIT, 10, SURREY

M19 &Under

1, (769), 00:24:49.7, Meier, Peter, 16, Langley
2, (750), 00:29:58.1, Maginn, Connor, 16, Langley

M30-39

1, (765), 00:30:05.7, Lay, Christopher, 35, Langley

M40-49

1, (744), 00:30:49.8, Kavanagh, Doug, 49, Surrey
2, (973), 00:32:23.8, Maginn, Maurice, 45, Langley
3, (749), 00:32:38.8, Farafosgyn, Bartek, 34, Langley
4, (990), 00:35:59.3, Schasny, Neil, 42, Langley
5, (569), 00:36:06.0, Robberstad, Adrian, 43, Chilliwack
6, (537), 00:39:46.9, Greenslade, Cecil, 45, Langley

M50-59

1, (963), 00:30:33.2, Hornsby, Reg, 55, Langley

M60-69

1, (734), 00:30:57.4, Taylor, Alex, 69, Surrey

M70-79

1, (731), 00:37:57.2, Parkinson, Brian, 75, Langley

Women's Race 10 K By Category

F20-29

1, (970), 00:54:14.6, Prevost, Leah, 26, Langley
2, (984), 01:07:41.7, Pullman, Nathalie, 25, Surrey

F30-39

1, (952), 01:02:34.6, Coulter, Jessica, 31, Surrey
2, (739), 01:12:34.5, Flatt, Suzanne, 34, Surrey
3, (951), 01:15:56.0, Conway, Kim, 36, Abbotsford

F40-49

1, (977), 00:48:11.7, Oldknow, Angela, 40, North Vancouver
2, (989), 00:48:33.2, Rung, Kathy, 42, Abbotsford
3, (761), 00:54:42.2, Hart, Mary, 49, Surrey
4, (782), 00:55:06.6, Scott, Aurora, 47, Surrey
5, (988), 00:58:53.8, Rooke, Jocelynn, 42, Surrey
6, (956), 01:03:56.9, Estacio, Vina, 42, Surrey
7, (966), 01:12:41.3, Kenney, Carolyn, 48, Langley
8, (969), 01:13:09.0, Laird, Melanie, 48, Langley

F50-59

1, (961), 00:51:58.0, Gilbert, Krista, 50, Surrey
2, (975), 00:56:09.0, Nelson, Jayne, 53, Surrey
3, (949), 00:58:29.0, Savage, Carol, 50, Surrey
4, (996), 01:05:46.7, Spier, Soraya, 55, Surrey
5, (948), 01:08:05.7, Canter, Michelle, 59, Surrey
6, (992), 01:09:26.6, Setter, Lorraine, 56, Surrey
7, (983), 01:13:04.8, Prokopich, Brenda, 51, Surrey

F60-69

1, (1000), 00:58:49.2, Wall, Pippa, 65, Vancouver

Men's Race 10 K By Category

M20-29

1, (959), 00:47:33.5, Gabrick, Matthew, 25, Surrey
2, (958), 00:48:04.6, Gabrick, Joey, 27, Surrey
3, (747), 01:00:16.5, Kavanagh, Keygan, 21, Surrey

M30-39

1, (985), 00:48:41.1, Richardson, Matthew, 32, Surrey
2, (962), 00:49:59.6, Helms, Tristan, 33, Langley
3, (743), 00:51:52.0, Rootham, Adam, 38, Surrey
4, (980), 00:53:15.8, Patton, George, 36, Mission
5, (939), 00:53:53.7, Yee, Casey, 39, Surrey
6, (738), 00:59:41.4, Flatt, Ryan, 39, Surrey
7, (746), 01:00:17.0, Gurmiak, Cliff, 34, Surrey
8, (943), 01:01:12.6, Baturin, Shawn, 39, Surrey
9, (742), 01:02:35.8, Cool, Graham, 39, Surrey

M40-49

1, (740), 00:37:53.1, Jackson, David, 41, Abbotsford
2, (938), 00:40:33.9, Walton, Darren, 47, North Vancouver
3, (978), 00:44:25.2, Oldknow, Kevin, 45, North Vancouver
4, (999), 00:45:49.5, Tiwana, Daljit, 47, Surrey
5, (953), 00:48:59.9, Deane, Ronan, 42, North Vancouver
6, (736), 00:49:18.8, Fluckiger, Jason, 41, White Rock
7, (993), 00:51:21.2, Sidhu, Harminder, 44, Langley
8, (979), 00:55:01.6, Pandher, Harpreet, 42, Surrey
9, (745), 00:57:41.9, Kavanagh, Scott, 45, Surrey
10, (957), 01:01:55.3, Fairbairn, Andrew, 44, Surrey
11, (971), 01:02:05.3, LeBlanc, Jake, 42, Abbotsford
12, (732), 01:16:00.6, Russenholt, Adam, 42, Abbotsford

M50-59

1, (964), 00:49:36.0, Hughes-Games, Geoff, 59, Abbotsford
2, (976), 00:52:57.2, Novotny, Jim, 53, Langley
3, (942), 00:53:28.1, Antoniazzi, Roger, 57, Surrey
4, (960), 00:54:49.9, Garzittu, Manuel, 56, Surrey
5, (995), 00:57:36.4, Sparks, Don, 55, Surrey
6, (967), 01:01:40.7, Savage, Kevin, 54, Surrey
7, (986), 01:05:45.7, Rideout, Glenn, 52, Surrey

M60-69

- 1, (944), 00:54:20.4, Brunke, Werner, 61, Surrey
- 2, (987), 01:02:19.9, Robertson, Gord, 65, Surrey
- 3, (947), 01:03:26.8, Canter, Karl, 60, Surrey
- 4, (762), 01:06:38.1, Helms, Paul, 61, Langley

Women's Race 2 K By Category

Men's Race 2 K By Category

M19 & Under

- 1, (791), 00:09:48.7, MacPherson, Nicholas, 9, Surrey
- 2, (790), 00:11:05.1, Andrews, Tristan, 9, Abbotsford
- 3, (737), 00:11:09.5, Fluckiger, Sascha, 7, White Rock

M19 & Under

- 1, (741), 00:12:56.3, Bozanic, Vincent, 12, Mission